In today’s fast-paced world, maintaining a healthy balance between a successful career and a fulfilling personal life can be a challenge. Increasing demands on our time—both in the workplace and at home—can create significant stress.

The University of Nebraska is committed to providing a work environment and culture that fosters personal and professional success and satisfaction. We do this by offering a competitive benefits program, leave policies that help employees deal with personal and family crises, and other policies and procedures that are designed to ensure a positive, caring work environment.

We are proud to be one of Nebraska’s largest, and best, employers. We are committed to helping employees be successful by doing all we can to assure that the University of Nebraska remains a great place to work. I encourage you to take advantages of the resources available to every employee, through university-wide and campus-based programs.

Thank you for all you do for the University of Nebraska.

Harvey Perlman, Chancellor University of Nebraska

Faculty Resources
http://www.unl.edu/svcaa/faculty/

Policies and Bylaws
http://www.unl.edu/svcaa/faculty/policies/

Benefits
http://www.unl.edu/svcaa/faculty/benefits/

Forms and Templates
http://www.unl.edu/svcaa/faculty/forms/

Faculty Development
http://www.unl.edu/svcaa/faculty/development/

University Structure
http://www.unl.edu/svcaa/faculty/university/

Child Care Center
http://childcare.unl.edu/

The University of Nebraska has an active National Science Foundation ADVANCE gender equity program, and is committed to a pluralistic campus community through affirmative action, equal opportunity, work-life balance, and dual careers.
Faculty Resources for Work-Life Balance

The University of Nebraska-Lincoln has a number of policies and resources that promote work-life balance. The University is supportive of faculty who need time off for personal reasons, approved professional development, or academic reasons.

**ADVANCE-Nebraska**

This program seeks to create an environment where all faculty in Science, Technology, Engineering and Math (STEM) thrive. A NSF funded grant program.

[advance.unl.edu](http://www.unl.edu/svcaa/faculty/policies/work-life_balance.shtml)

**Work-Life Balance Policies**

**Leaves Available to Faculty**

Temporary Disability: This leave is for faculty who become incapacitated or unable, due to illness or injury, to perform the regularly assigned duties of his or her position. Such leave is to be paid up to six months. These leaves may be extended beyond six months without pay upon recommendation of the chancellor to the Board of Regents.

**Maternity/Adoption Leave**

An eight-week paid leave period for pre-punrtum and post-partum care and recovery, during which time the birth mother will be excused from all duties, will be considered normal. A newly adoptive parent who is the primary caregiver is also entitled to eight weeks of paid leave upon adoption of a child.

**Parental Leave**

Faculty members who are non-primary caregivers and wish to take leave upon the birth or adoption of a child may take up to five days paid leave. (See Board of Regents Policies)

**Family Medical Leave Act (FMLA)**

Under the terms of FMLA, an additional 12 weeks of unpaid family/medical leave for one of the qualifying events is available to all faculty. Qualifying events include giving birth or caring for a newborn, newly adopted, or foster children, caring for seriously ill family members, or for personal serious health conditions. See the Revised Family Medical Leave Act policy on the Human Resources web site.

[www.unl.edu/hruniversity/policies/work-life_balance.shtml](http://www.unl.edu/hruniversity/policies/work-life_balance.shtml)

**Funeral and Bereavement Leave**

In the event of a death within the immediate family, faculty are entitled to receive paid leave of up to five consecutive work days. In the event of death of friends or other persons not defined as immediate family, paid leave of up to one full day may be granted at the discretion of the department.

**Faculty Development Leaves**

Faculty who have been at UNL for a minimum of six years may apply for a paid faculty development leave. FDLs provide full salary for one semester or half salary for one academic year. See our Faculty Development page for more information and the application forms.

[www.unl.edu/hruniversity/faculty/development/index.shtml](http://www.unl.edu/hruniversity/faculty/development/index.shtml)

**Academic, Professional and Personal Leaves of Absence**

The Board of Regents may grant unpaid or partially paid leaves of absence, not to exceed one year to faculty. Such leaves may be extended for one additional year with approval of the Board of Regents.

**Flexible Work Arrangements**

**Tenure Clock Interruptions**

Any tenure-track faculty member may request a one-year extension of the probationary period in cases where an individual may be unable to meet the usual demands of the job while experiencing high demands in other aspects of life. Additional interruptions may be granted based upon individual circumstances.

**Modified Duties**

In order to assure continuity of instruction of students, a female faculty member will normally be excused from instructional duties during the semester or other instructional period that medical maternity leave, or a majority of said leave, occurs. A primary caregiver adoptive parent with instructional duties will normally be excused from such duties during the semester or other instructional period that adoption leave, or a majority of said leave, occurs.

**Part-time tenure appointments and modified duties**

Part-time tenure appointments and modified duties may also be available to help faculty members successfully balance professional pursuits and responsibilities when dealing with ongoing family and medical issues.

**Contact Information**

**Academic Affairs**
202 Canfield Administration Building
University of Nebraska-Lincoln
Lincoln, NE 68588-0430
402-472-3751

Contact Evelyn Jacobson
Associate Vice Chancellor, Academic Affairs
402-472-3751

**Institute of Agricultural and Natural Resources**
202 Agricultural Hall
University of Nebraska–Lincoln
Lincoln, NE 68588-0708
402-472-3771

Contact Susan Fritz
Associate Vice Chancellor, Institute of Agriculture and Natural Resources
402-472-3771

**ADVANCE-Nebraska**
21 Canfield Administration Building
University of Nebraska-Lincoln
Lincoln, NE 68588-0420
402-472-3304

Contact Mary Anne Holmes
Director, ADVANCE-Nebraska

**Additional Support for Balancing Work and Life**

**Dual Career Support**

The University actively helps spouses or significant others seeking academic and professional positions within the University. Students, alumni, faculty, and their significant others may take advantage of the many services and business contacts maintained by the University Career Services department in seeking employment in the Lincoln area.

**Employee & Dependent Scholarship Program**

The University provides each full-time faculty member or family member a tuition scholarship for up to 15 undergraduate credit hours per year.

[br.unl.edu/general/dependent/scholarship.shtml](http://br.unl.edu/general/dependent/scholarship.shtml)

**Child Care**
New UNL Child Care Center

The University opened a new state-of-the-art child development center in August 2009.

[childcare.unl.edu](http://www.unl.edu/hruniversity/faculty/development/index.shtml)

**Employee Assistance Program (EAP)**

This program provides confidential assessment, short-term counseling, and referral to UNL faculty and their immediate family members.

[br.unl.edu/eap](http://hr.unl.edu/eap)

**Lactation Support Program**

The University of Nebraska–Lincoln recognizes the importance of supporting new mothers who wish to continue to breastfeed while they are at work or attending school. The University acknowledges the health benefits of breastfeeding and continued inside